

## Colonoscopy Prep:

### Friday:

Vitals  
Turns  
Activity order: OOB as tolerated  
Text order: "Encourage 6-8 glasses of water per day."  
Foley catheter, if desired.  
Pt's Regular diet/late tray for lunch  
Clear colon Diet starting at supper  
Bisacodyl 20mg PO qHS

### Saturday:

Zofran 4 mg q8 prn  
Zinc oxide 16% BID prn  
10AM: 4L Golytely (SCI colonoscopy prep: try to drink within 2 hour before lunch.)

### Sunday:

10AM: 4L Golytely (SCI colonoscopy prep: try to drink within 2 hour before lunch.)  
Start PIV  
4PM: 300ml Magnesium Citrate PO  
IVF: Sunday after dinner  
NPO at midnight.

### Monday:

6AM: Fleets phosphate enema PR once  
Text order: "If fleets result is not clear, give tap water enema prior to sending to endoscopy suite."  
Restart pt's regular diet after colonoscopy  
Discharge

#### 1) Colonoscopy prep:

##### Friday:

Clear colon Diet starting after supper  
Bisacodyl 20mg PO qHS

##### Saturday:

10AM: 4L Golytely

##### Sunday:

10AM: 4L Golytely  
Start PIV  
4PM: 300ml Magnesium Citrate PO  
IVF: Sunday after dinner  
NPO at midnight.

##### Monday:

6AM: Fleets phosphate enema PR once  
If fleets result is not clear, give tap water enema prior to sending to endoscopy suite.  
Restart pt's regular diet after colonoscopy  
Check Coags pre-procedure

